



# YOU CAN BE A LIFESAVER!



## DOWNLOAD THE KHC APP

With your parent or guardian's permission, search "Kids Heart Challenge" in your app store. Then, use your username and password to log in.

No username or password? Click either "Forgot Password?" or "Register" if you haven't set a username and password yet.

## LEARN HANDS-ONLY CPR

When you see a teen or adult suddenly collapse, immediate CPR from someone nearby can double or even triple that person's chances of surviving a cardiac arrest. When you take Finn's Mission you will learn this lifesaving skill in under two minutes! We want 100% of our school families to learn Hands-Only CPR!



## SUPER BOWL TICKETS!

The American Heart Association is excited to extend our work with the NFL to support improving health outcomes at home and beyond through the Hands-Only CPR education. Students that complete the Finn's Mission learning module will earn an entry for two tickets to Super Bowl LIX in 2025 and your school will be entered to receive a \$10,000 fitness equipment makeover for every 18 completed Finn's Mission.



Visit [heart.org/KHCforME](https://heart.org/KHCforME) for resources in other languages.